

# Bringing You Our Best Deals



Desert Essence  
100% Pure  
Tea Tree Oil  
SRP: \$11.99  
1 OZ

**\$7.99**

Tea tree oil has anti-fungal and antiseptic properties. It helps heal cuts, burns, insect bites and blemishes.



Weleda  
HAND  
CREAM  
SEA BUCKTHORN  
1.7 OZ SRP \$9.99

**25% OFF  
ALL WELEDA!**

Sea Buckthorn hand cream replenishes moisture and revitalizes skin.



Jason Natural Products  
Lavender  
Liquid Satin  
Soap  
SRP \$8.99  
16 OZ

**\$5.99**

Incredible moisture renewal with the natural fresh scent of lavender and selected botanical extracts.



Boiron  
Arnica Gel  
SRP \$7.39  
1.5 OZ

**\$5.89**

For relief of muscle aches and stiffness. Reduces pain, swelling and discoloration from bruises. Arnica Gel is non-greasy, non-sticky gel quickly absorbed by the skin.



Kiss My Face  
Fragrance Free  
Moisture  
Shave  
SRP \$7.99  
11 OZ

**\$5.79**

Made with highly effective natural essential oils, extracts and vitamins for the best shave ever.



Emerita  
Progest  
Cream  
Paraben Free  
2 OZ SRP \$28.99

**\$19.79**

It absorbs quickly through the skin, and you're on your way back to a natural balance.



Dr. Bronner's  
Organic  
Lavender Liquid  
Soap with Pump  
SRP \$8.99  
12 OZ

**\$5.99**

Our pump soaps are pure and luxurious with no synthetic detergents or preservatives.



Quantum Research  
Coldstick With  
Super Lysine  
SRP \$6.99  
TUBE

**\$4.99**

Contains L-lysine and 14 healing herbs, vitamins and minerals. Coldstick moisturizes and protects, as well as healing, treating and preventing sensitive skin problems.



Weleda  
Arnica  
Massage Oil  
SRP \$19.99  
3.4 OZ

**\$14.99**

Helps restore tired, aching muscles before and after physical activity.

## Your Skin & the Sun

To keep your skin protected:

- Avoid excessive exposure to the sun between the hours of 10 am and 3pm, when the radiation of the sun is intense.
- When you are in the sun, wear protecting clothes, such as hats, long sleeves and use sunscreen.
- Never to use tanning beds as they are increasing source of skin damage and ageing.
- Use a sunscreen on exposed areas of your skin everyday. Select one that protects you from both kinds of UV radiation-UVA & UVB.

# Shop Locally

Integral  Natural  
Yoga Foods

923 Preston Avenue  
Charlottesville, VA 22902

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